

## 1 When Does The Season Run?

Start weekend: Saturday & Sunday September 8 & 9  
Final weekend: Saturday & Sunday May 11 & 12  
Presentation weekend: Saturday & Sunday May 18 & 19  
(please note: no sessions on the weekends of Dec 22/23 and 29/30; April 13/14 and 20/21)  
U5s/Reception Saturdays 10-11am / Sundays 9-10am – currently spaces both days  
U6s/Y1 Saturdays 9-10am / Sundays 9-10am – currently spaces both days  
U7s/Y2 Saturday group very limited spaces available. Sunday group – currently spaces available.  
U8s/Y3 Saturday & Sunday groups both currently full. If you wish to join our waiting list, please email us here  
Mini Girls Sundays 9-10am: u5/6 (reception & year one). Sundays 10-11am: u7 (years two). Currently spaces in both groups.

Please contact us at xxif you wish to try our taster sessions.

## 2 At What Age Can You Join Colts?

Our usual entry point for children coincides with when children start school, ie in the majority of cases the September after they have turned 4. These children will form our u5s group. We do give 4 year old pre-schoolers the opportunity to do taster sessions, and if at the end of these the parents & coaches agree the sessions are suitable for the child and s/he is responding well to instruction and likes the environment, then they can join the u5s group (please note they then stay in the u5s when starting school).

## 3 What Gear Does My Child Need?

We ask that parents take responsibility for their child arriving in clothing that is appropriate for both the weather conditions; and for taking part in sporting activity. In colder weather, it is better for a child to come layered up and remove layers as they get warmed up, rather than in too few layers. Waterproof coats are recommended during the winter months; gloves / hats when it is especially cold; equally sun screen is recommended on very sunny days. Trainers or boots with rubber / moulded studs should be worn at Nottingham Football Centre. Boots with metal studs may be worn on the grass pitches at Regatta Way. We ask that ALL players wear shinpads at every session.

## 4 What Are Mini Colts Age Groups?

U5-U8 (reception – year 3).



## 5 How Do Age Groups Work?

U5s & U6s & Mini Girls: weekly coaching sessions

...all sessions at Nottingham Football Centre behind Rushcliffe School, Boundary Road NG2 7BW

U7s on both Sats & Suns have a mix of training sessions and friendly matches with other clubs. These are always in the morning, but times can vary, so it is not recommended to have another regular activity for your child during the morning. We also run week night training for most of our u7s.

U8s train on week nights, and play friendly matches every weekend (standard week night training time is 6-7pm; match ko times vary but are always am; we have pools training on different nights at various venues in WB)

Our home base for u8s fixtures is Regatta Way (NG2 5AT); the u7s play here occasionally, but more frequently at Nottingham Football Centre at Rushcliffe School (NG2 7BW).

## 6 Can We Just Turn Up/Is There A Waiting List?

We would ask that you don't just turn up unannounced at a session, but contact us in advance via email. Some sections are full, and there's nothing worse than a child turning up excited about playing only to be told they can't (when this does happen we will normally let the child join in on that day rather than send them home – but if we are full and have started a waiting list, they will then have to go on that list, so will still experience disappointment having had a taste of the sessions).

## 7 Where Do You Play?

### **Regatta Way, West Bridgford, Nottingham NG2 5AT**

This is where the vast majority of our u8 fixtures and selected u7 fixtures take place. Primarily 10am kick offs. Please use overflow car park. No dogs allowed. Hot & cold drinks, sweets, bacon / sausage cobs\* on sale in Clubhouse. (\*50p from every cob sold goes to this season's chosen WB Mini Colts charity, The Tom Maccabee Memorial Fund)

### **Nottingham Football Centre, behind Rushcliffe School, Boundary Road NG2 7BY**

This is where our u5 / u6 / mini girls soccer schools take place, as well as the majority of our u7 fixtures. Full clubhouse facilities available.

